



Autumn Newsletter



Welcome to the Doncaster South Primary Care Network Autumn Newsletter! Talking all things Health and Social Care for the patients located in the South of Doncaster.

A recent round up from our Care Coordinator and ARRS team ..

- 85 new referrals made to our Social Prescribing Service.
- Over 100 patients were booked their Learning Disability Annual Health Checks.
- We sent 300 Cervical Screening reminder text messages to patients.
- Our Clinical Pharmacists have completed over 500 Structured Medication reviews with patients registered with a South PCN practice.
- During the past 3 months over 430 patients were contacted to arrange a FIT Test and encourage patients to return their FIT Test as a part of the National Non-Symptomatic Bowel Screening Programme.
- The team has also been preparing for the Autumn phase of the COVID vaccination programme and will be visiting care homes in Doncaster South at the end of October.

Feedback from our Social Prescribing Service

We're delighted to have received lots of positive feedback about our new Social Prescribing Service.

You can find more information further down in this newsletter on how to self-refer and access the support we offer.



A very big thank you for all your help and understanding. I was feeling lost and didn't know how to access ways to get the help I needed, Social Prescribing opened that door for me and I have made contacts. This changed everything for me.

- DONCASTER SOUTH PATIENT



Doncaster South
Primary Care Network





New Build GP Practice - Rossington



We're thrilled to share a sneak peek from the site of the new GP practice building in Rossington!

This fantastic development will provide improved access and choice of services to support the health and wellbeing of our community.

We can't wait to see the positive impact this will have for patients and staff alike.

Cervical Screening Invites

Did you know that cervical screening invitations are now being sent through the NHS App?

As part of a new "ping and book" service to boost uptake and help save thousands of lives, eligible women will first receive a notification through the NHS App to alert them to book a screening appointment. If the app notification isn't opened, a text message will follow. Letters will remain in place for those who need them.

If you are eligible for cervical screening, follow these simple steps and make sure you never miss your invitation

- Download the NHS App.
- Turn on notifications.
- Book and attend your appointment, when invited.

If you require support with the NHS please don't hesitate to get in touch with your Care Coordinators or our Social Prescribing Link Workers.





Social Prescribing Service

Our Social Prescribing Service is here to support your well-being by connecting you with local activities, support groups, and community resources. Whether you're looking to improve your mental health, build social connections, or enhance your overall quality of life, we're here to help.



Social Prescribing



About Us

Welcome to our Social Prescribing service! We are here to help you access the support and resources you need to improve your health and wellbeing. Whether you're looking for social connections, practical advice, or lifestyle support, we can guide you to the right services.

What can Social Prescribing support with?



Mental Health and Wellbeing:

Mild to moderate anxiety, depression, stress management, and emotional support.



Lifestyle and Wellbeing:

Encouraging physical activity, healthy eating, and general wellbeing through tailored support.



Social Isolation and Loneliness:

Helping individuals connect with social groups, befriending services, and community activities.



Employment and Financial Difficulties:

Connecting individuals with job training, employment support, and financial advice services.



Long-Term Health Conditions:

Support for individuals managing chronic illnesses such as diabetes, hypertension, and chronic pain.



Housing and Practical Support:

Guidance on housing-related issues, legal support, and other essential services.

To find out more about South Doncaster Primary Care Social Prescribing or to make a referral. Contact the team at pcdltd.social-prescribing-south-pcn@nhs.net, speak to your practice reception team or scan here:



This service is not suitable for individuals under 18, those requiring urgent medical or psychiatric intervention, individuals with severe mental health conditions needing specialist care, or those experiencing an acute crisis or requiring emergency support. It is also unsuitable for individuals with active substance misuse issues, those unwilling to engage with phone services, or patient not under the South Primary Care Network.

South Network Practices: Edlington Health Centre, Barnburgh Surgery, New Surgery, Mexborough Health Centre, Conisbrough Group Practice, Tickhill & Colliery Surgery, West End Clinic, and The Rossington Practice.

If you are not a patient at one of these practices, please check with your GP for similar services in your area.





shaw trust

working win

IS A PHYSICAL OR MENTAL HEALTH CONDITION MAKING YOUR JOB, OR FINDING A JOB, DIFFICULT?

Working Win is a free service designed to help you find meaningful employment or to stay in your current role.

The free service is available to anyone over 16 who lives in South Yorkshire boroughs and is motivated to find or keep a rewarding job role.

If you live in Barnsley, Doncaster, Rotherham or Sheffield you can refer yourself now.

Take advantage of this opportunity and sign up today by contacting us:

E: workingwin@shaw-trust.org.uk
T: 0808 178 3061
W: shawtrust.org.uk/working-win



Scan here to find out more



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Doncaster SEND LOCAL OFFER

LIMITED PLACES AVAILABLE
BOOK NOW

Doncaster Futures Fair

Unlock your potential at this event for young people preparing for adulthood in Doncaster.

If you're aged 14-25 with a learning difficulties or are neurodivergent - or a family member or carer of a young person who is - then join us at this interactive event that will help young people in Doncaster take the next step to a bright future.

Tuesday 25th November 2025

Doncaster Racecourse, Bawtry Road Doncaster DN2 6BB

Two sessions available:

- 10am-2pm
Schools
- 2pm-6pm
Young People, Parents & Carers

Booking essential for either time slot via the QR code below

Free parking

Accessibility - lift available

Refreshments available

NHS South Yorkshire Integrated Care Board

For more information, please email:
doncasterfuturesfair@doncaster.gov.uk


www.doncaster.gov.uk/futuresfair

City of Doncaster Council

Who is eligible for the COVID-19 vaccine this year?

- aged 75 or over (including those who will be 75 by 31 January 2026)
- live in a care home for older adults
- aged 6 months to 74 years and have a weakened immune system because of a health condition or treatment such as:
 - have or had blood cancer, such as leukaemia, lymphoma or myeloma
 - have had an organ, bone marrow, or stem cell transplant
 - have HIV
 - have a genetic disorder that affects your immune system, such as severe combined immunodeficiency (SCID)
 - are having or recently had chemotherapy, biological therapy or radiotherapy
 - are taking steroid medicine (depending on the dose)
 - are having long-term immunosuppressive treatment for a condition such as lupus, rheumatoid arthritis, inflammatory bowel disease (IBD), scleroderma or psoriasis

This list is a summary and does not include everything. Speak to your local pharmacy, GP surgery or specialist if you're not sure if you're eligible for the COVID-19 vaccine.



Sleep Tight Workshop

Does your child suffer from sleep problems?
Do you want to access support to help to improve bedtime?

Join us at our Sleep Tight Workshop for sleep advice for children 2+ years

Our training is delivered by practitioners trained by The Sleep Charity

Our workshops include:

- Understanding sleep cycles
- Common sleep issues and strategies to manage these
- Establishing appropriate routines
- Keeping sleep diaries and interpreting the data
- Environments

The workshop is for parents and carers only. Childcare vouchers are available upon request.

If you are interested in attending the workshop, please contact any Family Hub to register your interest.

- Bentley Family Hub** - 01302 737350
- Stainforth Family Hub** - 01302 734048
- Denaby Family Hub** - 01302 737436
- Central Family Hub** - 01302 737995

Find out more:
WWW.YOURLIFEDONCASTER.CO.UK/FAMILY-HUBS

Family HUB City of Doncaster Council






Did you know you can contact your GP Practice Online? If you need help doing this please send us a message!

Benefits of using the online consultation tool:



- It saves you time by providing faster access to services.
- Patients will be able to request appointments online throughout the day from 8am to 6pm
- We are encouraging everyone who has access to a computer, smart phone or tablet to use Accurx across Doncaster South.

Links can be found on each practice website. If you would like help with patient triage please send your Doncaster South Care Coordinators an email and we will be more than happy to point you in the right direction. Please scan the QR code below for further instructions!



Doncaster South
Primary Care Network

VIRTUAL PATIENT PARTICIPATION GROUP

ONLINE MEETING VIA MICROSOFT TEAMS

THURSDAY 16TH OCTOBER AT 12PM



Do you want to join our Virtual Patient Participation Group?

If you're registered or connected to South Doncaster practices. Do you want to help shape and improve the services we provide? If yes, then this group is for you.

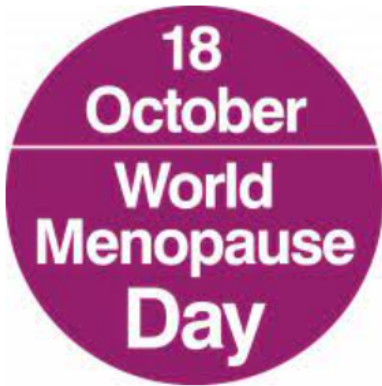
Contact us using the QR code, send us a message or email -

**pcdltd.south-primary-care-doncaster@nhs.net
to register your interest and we will contact you.**





Autumn Awareness Days



World Menopause Day is held every year on 18th October. The purpose of the day is to raise awareness of the menopause and the support options available for improving health and well being

Self Care Week is an annual national awareness week that focuses on embedding support for self care across communities, families and generations.

Tips for Self Care can be found here:
<https://www.selfcareforum.org/events/self-care-week/>



International Men's Day

Making a positive difference to the wellbeing and lives of men and boys
Raising awareness and/or funds for charities supporting men and boys' wellbeing

Promoting a positive conversation about men, manhood and masculinity





Now available in
Mexborough!
**BUMP BIRTH &
BEYOND**

Information and
advice

Support finding
groups within
your
local area

One to one
support

How can we help
you?

Feeding &
weaning
support

Support your
mental
wellbeing.

Support to
access other
services.

SCAN ME

